

# Senior Moments

Harney County Senior & Community Services Center

## Harney County Dial-A-Ride: Getting You Where You Need To Go.

Harney County Dial-A-Ride is Harney County's very own public transportation. They provide public transportation services to everyone regardless of age, income or disability.

Since July 1, 2013 our six vehicles have provided 10,663 rides. Between January 1, 2013 and September 30, 2014 we have provided 3,378 wheel chair rides. These numbers are significant because many of the people we transport could not engage in our community if not for the service Dial-A-Ride provides.

Over 10,000 visits to local merchants, to health care

providers and social services have happened because Dial-A-Ride is here to get you there.

In many communities throughout the state, transportation is a barrier to many who need services. Harney County has made great strides in alleviating that barrier here. Dial-A-Ride serves the whole county with a priority of a ten mile radius in the Burns/Hines area.

We are exploring an option of providing a weekly trip between Harney and Grant Counties in partnership with the People Movers of Grant County. One of the goals will be to get

folks from Grant county to and from the On Point bus. Currently they have no access to the bus line that eventually feeds into Grey Hound. If we can develop the route, even once a week, we will fill a transportation hole in our state. We are very excited about the prospect.

We continue to look for ways to serve you and to expand our services so we are better able to meet your transportation needs. If you have any thoughts or ideas please give us a call and let us know what we can do to serve you.

**ADRC**  
Aging and Disability  
Resource Connection  
— of OREGON —

## It is Official!

When you are looking for information about services to address aging or disability needs, the Aging and Disability Resource Connection of Oregon can help you learn about public and privately paid options in

your local community. The ADRC has trained professional staff Who can help you and your family with immediate needs, or help you plan for the future. The ADRC of Oregon is a statewide resource for every-

one, regardless of income level, and can be reached by calling a toll free number, visiting a website or by contacting a local ADRC office.

Www.ADRCofOregon.org  
1-855-673-2372

November/December  
2014

### Inside this issue:

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### Special points of interest:

- Open enrollment for Medicare Part D through December 7 Make an appointment now!
- Cover Oregon open enrollment is open, we can help you with your applications.
- Beginners Tai Chi 8:30-9:30 every Tuesday and Thursday thru 12/18.

# The Older Americans Act, Then and Now

The Older Americans Act was enacted in 1965 to provide assistance in the development of new or improved programs to help older persons through grants to the States for community planning and services.

These funds are used to partially pay for services such as Family Caregiver, Home Delivered and Congregate meals, Information and Assistance and Case Management Services.

By 1982 every senior participating in the programs under the Older Americans Act were receiving on average, \$9 each from these funds.

By 2010, which is prior to the Sequester cuts made in Washington, every senior participating in the programs were receiving on average, \$3 each. There are no numbers available for after the Sequester cuts but it is safe to say each senior participating today is receiving less than \$3 each from these funds.

What does this mean? It means there is less money and more people engaging in services. Agencies and programs across the country are needing to do more with less.

Programs are changing and staff skills are being enhanced

to meet the need. As the changes come we do our best to help everyone adjust with us.

The Older Americans Act has been up for reauthorization in congress for the last couple of years. Congress has not made reauthorization a priority and it leaves all American seniors and the work we do vulnerable. Contact your congressman and encourage him to push for reauthorization of the act and financial support. Your voice on these issues can make a difference.



## Birthday Gift Certificate Winners

### September Winners

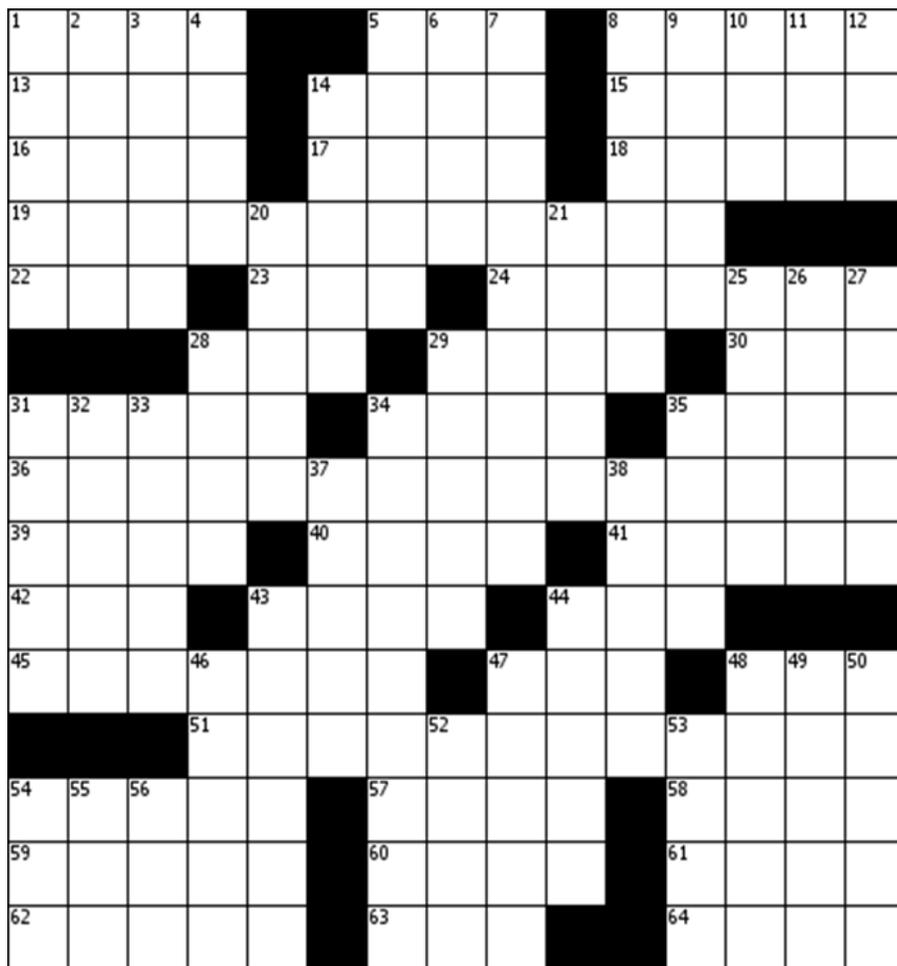
Helen McCart— \$10.00 certificate @ R.J.'s  
Linda Anderson— \$5.00 meal @ Highlander Restaurant  
Luccettie McDermond— 6in meal @ Subway Deli  
Joe Boren— \$5.00 Meal El Toreo  
Gwin Lawson—Large Pizza @ Figaro's  
Wyona Keith— \$10.00 store credit @ Moonrise Books  
Don Williams—\$10.00 certificate@ Thriftway  
Peggy Connall- \$5.00 lunch @ Broadway Deli  
Jimmy Heimere— Balloons and Candy

### October Winners

Paul Hyland— \$10.00 certificate @ R.J.'s  
Betty Pittam— \$5.00 meal @ Highlander Restaurant  
Bob McDonald— 6in meal @ Subway Deli  
Joan Land— \$5.00 meal @ El Toreo  
Veanne Gayley— Large Pizza @ Figaro's  
Bill Leonard— \$10.00 store credit @ Moonrise Books  
Larry Asmussen— \$10.00 certificate @ Thriftway  
Sam Kaser— \$5.00 Lunch @ Broadway Deli  
Ruth Williams— Balloons and Candy

**Across**

- 1. Paul McCartney's instrument
- 5. Speed meas.
- 8. Dustin's role in "Midnight Cowboy"
- 13. Appraise
- 14. Heavenly headwear
- 15. Part of EEOC
- 16. Thesis defense, often
- 17. Beehive State city
- 18. Tale of Aesop
- 19. Internet branch
- 22. U-turn from SSW
- 23. Strapped on the feed bag
- 24. Tallest living quadruped
- 28. \_\_\_-mo
- 29. Flits from one spot to another
- 30. "Rosemary's Baby" author Levin
- 31. South Pacific islands
- 34. Akebono's sport
- 35. Burden
- 36. Nursery rhyme
- 39. Paleozoic and Cenozoic
- 40. Olive and linseed products
- 41. Takes five
- 42. Department of France
- 43. High point
- 44. Jamaican style of music
- 45. Image receivers
- 47. Sales receipt?
- 48. Mai \_\_\_
- 51. 1999 Will Smith movie
- 54. Squatter's right
- 57. Cry of alarm
- 58. Barbecue buttinskies
- 59. Model airplane wood
- 60. Moistens
- 61. Judge
- 62. Leslie of "60 Minutes"
- 63. Keanu, in "The Matrix" series
- 64. Raison d' \_\_\_



**Down**

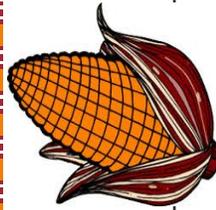
- 1. Ivy League school
- 2. Hammerin' Hank
- 3. Gawk
- 4. Close the deal
- 5. Rose of "The Dick Van Dyke Show"
- 6. Declared, in court
- 7. Half of a team's schedule, usually
- 8. Attributes
- 9. Gulf of \_\_\_ (arm of the Red Sea)
- 10. \_\_\_-thumper
- 11. Actor Mineo
- 12. Cheer for Manolette
- 14. Step-by-step in-
- 20. \_\_\_ Lama
- 21. Golfer's wife?
- 25. Stool pigeons
- 26. Lemon, for one
- 27. Backs off, with "up"
- 28. Scatters, as seed
- 29. Cunning
- 31. Cuss a blue streak
- 32. Eagle's nest
- 33. Intended
- 34. Takes off some weight
- 35. High on the draft

\* Solution on page 9

- 38. Ticked off
- 43. "\_\_\_ Farm"
- 44. Fodder figures?
- 46. Expression of desire
- 47. Mottled steed
- 48. Principle
- 49. Michaelmas daisy
- 50. Response to "Who's there?"
- 52. Yell from the roller coaster
- 53. More than dip the toe
- 54. "Everybody Loves Raymond" network
- 55. Opposite of long.
- 56. \_\_\_ mode



# November 2014



Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Quilters 9am-3pm	4 SHIBA 1pm-4pm Beginners Tai Chi 8:30am-9:30am	5 Lunch 12:00 Bingo 1pm Miracle Ear 10am-4:30pm	6 SHIBA 1pm-4pm Pinochle 1pm Beginners Tai Chi 8:30am-9:30am	7 BIRTHDAY Lunch 12:00 American Hearing 9am-2pm	8 Senior Center Christmas Craft Bazaar 9am-2pm Elks Lodge Hospice Wine & food Festi-
9 Old Time Fiddlers Jam & Potluck (Senior Center) 1pm-4pm	10 Acupuncture 9am-3pm Quilters 9am-3pm	11 <b>CENTER CLOSED</b>	12 Lunch 12:00 Bingo 1pm Miracle Ear 10am-4:30pm	13 SHIBA 1pm-4pm Pinochle 1pm Beginners Tai Chi 8:30am-9:30am	14 BRUNCH 9:45-11:45	15
16	17 Quilters 9am-3pm	18 SHIBA 1pm-4pm Beginners Tai Chi 8:30am-9:30am	19 Lunch 12:00 Bingo 1pm Miracle Ear 10am-4:30pm	20 SHIBA 1pm-4pm Pinochle 1pm Beginners Tai Chi 8:30am-9:30am	21 THANKSGIVING Lunch 12:00	22
23	24 Acupuncture 9am-3pm	25 SHIBA 1pm-4pm Beginners Tai Chi 8:30am-9:30am	26 Lunch 12:00 Bingo 1pm Miracle Ear 10am-	27 Thanksgiving Day <b>CENTER CLOSED</b>	28 <b>CENTER CLOSED</b>	29
30						

Happy Thanksgiving



# December 2014



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 SHIBA 1pm-3pm Beginners Tai Chi 8:30am-9:30am	3 Lunch 12:00 Bingo 1pm Miracle Ear 10am-4:30	4 Beginners Tai Chi 8:30am-9:30am Pinochle 1pm	5 Lunch 12:00 Bingo 1pm	6 Catholic Church Christmas Bazaar 10am-3pm Fairgrounds Home Spun Craft Bazaar
7	8 Acupuncture 9am-3pm Quilters 9am-3pm	9 Beginners Tai Chi 8:30am-9:30am	10 Lunch 12:00 Bingo 1pm Miracle Ear 10am-4:30	11 Beginners Tai Chi 8:30am-9:30am Pinochle 1pm	12 BIRTHDAY Lunch 12:00 Bingo 1pm	13 Annual Down- town Christmas Jam- boree & Parade-ALL DAY
14 Old Time Fiddlers Jam & Potluck (Senior Center) 1pm-4pm	15 Quilters 9am-3pm	16 Beginners Tai Chi 8:30am-9:30am	17 Lunch 12:00 Bingo 1pm Miracle Ear 10am-4:30	18 Beginners Tai Chi 8:30am-9:30am Pinochle 1pm	19 CHRISTMAS Lunch 12:00 Bingo 1pm	20 Hines City Hall Last Chance Christ- mas Bazaar 9am-4pm
21	22 Acupuncture 9am-3pm Quilters 9am-3pm Blood Pressure Clinic 1pm-2pm	23	24 Lunch 12:00 Bingo 1pm Miracle Ear 10am-4:30	25 Christmas Day <b>CENTER CLOSED</b>	26 <b>CENTER CLOSED</b>	27
28	29 Quilters 9am-3pm	30	31 BRUNCH 9:45-11:45 Bingo 1pm Miracle Ear 10am-			



<b>Suggested donation 60+ \$3.50</b>	<b>-60 Must Pay \$4.50</b>
<b>WEDNESDAY: NOVEMBER 5, 2014</b>	<b>FRIDAY: NOVEMBER 7, 2014</b>
Servers: Bible Baptist	Servers: Pioneer Presbyterian
Sponsors: Opal Filteau	Sponsors: Sage Brush Material Girls
Sponsors: Burns Electric	Sponsors: Anonymous
<p style="text-align: center;"><b>Taco Casserole</b>  <b>Green Salad</b>  <b>Green Beans</b>  <b>Pudding</b></p>	<p style="text-align: center;"><b>BIRTHDAY DINNER</b>  <b>BBQ Chicken</b>                      <b>Whole Wheat Rolls</b>  <b>Baked Potatoes</b>                      <b>Cake &amp; Ice Cream</b>  <b>Mixed Veggies</b>  <b>Fruit Salad</b></p>
<b>WEDNESDAY: NOVEMBER 12, 2014</b>	<b>FRIDAY: NOVEMBER 14, 2014</b>
Servers: Faith Baptist	Servers: Sylvia Rebekah
Sponsors: Dick & Diane Smith	Sponsors: City of Hines
Sponsors: Steve & Cindy Grasty	Sponsors: David Terreo Foundation/ John Lamborn Trustee
<p style="text-align: center;"><b>Chili</b>  <b>Corn Bread</b>  <b>Cottage Cheese</b>  <b>Green Salad</b>  <b>Pears</b></p>	<p style="text-align: center;"><b>BRUNCH</b>  <b>Biscuits &amp; Gravy</b>  <b>Southwest Eggs</b>  <b>Sausage</b>  <b>Juice</b></p>
<b>WEDNESDAY: NOVEMBER 19, 2014</b>	<b>FRIDAY: NOVEMBER 21, 2014</b>
Servers: Church of Jesus Christ of Latter Day Sts.	Servers: Christian Church
Sponsors:	Sponsors: Burns Dental Group
Sponsors: Pioneer Presbyterian Women's Assoc.	Sponsors: Sylvia Rebeckah Lodge & Jackie Witzel
<p style="text-align: center;"><b>Lamb Sweet &amp; Sour Meatballs</b>  <b>Rice</b>  <b>Green Salad</b>  <b>Whole Wheat Rolls</b>  <b>Cheesecake</b></p>	<p style="text-align: center;"><b>THANKSGIVING DINNER</b>  <b>Turkey &amp; Stuffing</b>    <b>Pumpkin Pie</b>  <b>Potatoes &amp; Gravy</b>  <b>Olives</b>  <b>Cranberry Sauce</b>  <b>Green Beans</b>    <b>Whole Wheat Rolls</b></p>
<b>WEDNESDAY: NOVEMBER 26, 2014</b>	<b>FRIDAY: NOVEMBER 28, 2014</b>
Servers: Catholic Church	
Sponsors: Bingo Players	
Sponsors: Peace Lutheran Mission Endowment Fund	
<p style="text-align: center;"><b>Spaghetti</b>  <b>French Rolls</b>  <b>Broccoli Salad</b>  <b>Brownies</b></p>	<p style="text-align: center;"><b>WE ARE</b>  <b>CLOSED FOR</b>  <b>THE HOLIDAY WEEKEND</b>  <b>HAPPY THANKSGIVING!!!!</b></p>

<b>Suggested donation 60+ \$3.50</b>	<b>-60 Must Pay \$4.50</b>
<b>WEDNESDAY: DECEMBER 3, 2014</b>	<b>FRIDAY: DECEMBER 5, 2014</b>
Servers: Bible Baptist	Servers: Pioneer Presbyterian
Sponsors: Donald & Thresa Geisler	Sponsors: Ron McGowan IMO BurnsMcGowan
Sponsors: Umpqua Bank	Sponsors: Pioneer Presbyterian Church
<b>Beef &amp; Noodles</b> <b>Corn</b> <b>Whole Wheat Rolls</b> <b>Carrots &amp; Raisin</b> <b>Cherry Crisp</b>	<b>Chicken Divan</b> <b>Green Beans</b> <b>Green Salad</b> <b>Whole Wheat Rolls</b> <b>Applesauce &amp; Cookies</b>
<b>WEDNESDAY: DECEMBER 10, 2014</b>	<b>FRIDAY: DECEMBER 12, 2014</b>
Servers: Faith Baptist	Servers: Sylvia Rebekah
Sponsors: Ed Staub & Sons	Sponsors: Susan Sugai IMO Frank & Bessie Sugai
<b>Meatloaf</b> <b>Peach Dump Cake</b> <b>Baked Potatoes</b> <b>Coleslaw</b> <b>Mixed Veggies</b> <b>Whole Wheat Rolls</b>	<b>BIRTHDAY DINNER</b> <b>Pork Roast</b> <b>Beets</b> <b>Potatoes &amp; Gravy</b> <b>Cake &amp; Ice Cream</b> <b>Pea Salad</b> <b>Whole Wheat Rolls</b>
<b>WEDNESDAY: DECEMBER 17, 2014</b>	<b>FRIDAY: DECEMBER 19, 2014</b>
Servers: Church of Jesus Christ of Latter Day Sts.	Servers: Christian Church
Sponsors: Dale White	Sponsors: Gourmet & Gadgets
Sponsors: Swarthout Shell	Sponsors: Burns Hines Kiwanis
<b>Lamb Chops</b> <b>Potatoes &amp; Gravy</b> <b>Spinach</b> <b>Green Salad</b> <b>Whole Wheat Rolls</b> <b>Apple Crisp</b>	<b>CHRISTMAS DINNER</b> <b>Prime Rib</b> <b>Baked Potatoes</b> <b>Mixed Veggies</b> <b>Fruit Salad</b> <b>Deviled Eggs</b> <b>Pumpkin Bars</b>
<b>WEDNESDAY: DECEMBER 24, 2014</b>	<b>FRIDAY: DECEMBER 26, 2014</b>
Servers: Catholic Church	
Sponsors: SANTA BEARE	
<b>Chili Dogs</b> <b>Chips</b> <b>Green Salad</b> <b>Brownies</b>	<b>WE ARE</b> <b>CLOSED FOR</b> <b>THE HOILDAY WEEKEND</b> <b>MERRY CHRISTMAS!!!!</b>
<b>WEDNESDAY: DECEMBER 31, 2014</b>	
Servers: Peace Lutheran & St. Andrews	
Sponsors: The Aspens	
Sponsors: Peace Lutheran Mission Endowment Fund	
<b>BRUNCH</b> <b>Pancakes</b> <b>Eggs</b> <b>Bacon</b> <b>Fruit</b> <b>Juice</b>	

# ANGIE'S MESSAGE

My dad; with a belly laugh and a twinkle in his eye, would often ask me, "ANGELA! Who has more fun than us?!" I hear his voice in my head and I hear him asking me the question. With the lump in my throat that comes from missing him I smile and I respond, "Nobody Dad! There is nobody that has more fun than us!" He always liked that answer and I know he still does.

I am waiting for our own Crane Mustangs, featuring #85 my very own Matt Witzel, to begin a football game against Wallowa. His dad told me Wallowa was first in the state and we were ranked somewhere around seventeenth. The game began and Crane scored right away. Matt caught a pass and scored again. The final score was 50-6 Crane! Indeed, who has more fun than us!

Maggie turned 16 in September and had the opportunity to drive herself to Portland, meet friends and go to an Elton John concert. She spent some time with them and then navigated her way back to Harney County. She is displaying her strength and independence more and more every

day. She is participating in volleyball and learning French. I think she is slated for a very fun sophomore year.

Andy has moved into his dorm room in Eugene and has embraced his freshman year at Oregon with all of the enthusiasm I would expect from him. His social calendar is full of fun and new friends and I think he has left himself some time for study. Woody is learning to balance his junior year at Port-



land State and a part time job. He loves "Portlandia" and all the experiences there.

Nick embarked on an adventure this fall, driving to Colorado with a friend. They visited his step brother and just did what young men exploring do. I admit I am not sure exactly what that is, nor do I want details. Suffice it to say he had a great experience and got out of Harney County to see a little of the world.

Joe and Kayla are enjoying their home, their careers and being married. Joe has gotten to do some traveling with ODOT and see

how things are done in other counties around the state. Kayla is proving to be a quick learner and as expected her sense of humor and warmth have added a dimension to The Center.

Kayla, Amy and Sue are planning to be at the Christmas Bazaar November 8 here at the center. It is scheduled from 10-2 and I have heard rumors they are planning to have baked goods, both regular and sugar free, for sale. Come by and see what these ladies come up with and while you are here check out all of the local arts and crafts that make unique gifts for the holidays.

'Tis the season, the season for family, turkey and ham; pumpkin pies and stuffing abound. December is full of Christmas parties and parades, friends and pretty lights around a tree. Hugging our loved ones close and remembering those who are no longer with us. It is true Dad; nobody has more fun than us! Happy Holidays one and all!

# Sponsoring an Entrée Meal

Is there someone that you don't want people to forget who has passed away? Or perhaps you or your organization would like to sponsor an entrée meal. As an entrée sponsor for Harney County Senior and Community Services Center ADRC (HCSCSC), you provide our community with an opportunity to enjoy a nutritious meal that is delicious as well as an atmosphere which encourages social

interaction.

A great way to keep the ones we love in memory is to sponsor an entrée in their memory. By sponsoring an entrée meal your name, organization or loved one will be recognized in our newsletter menu, announced and written on our board in the dining room during meal day. Entrée sponsor options include

\$150 for an entrée meal or \$75 for side dish. To sponsor an entrée meal, contact the senior center at 541-573-6024. Remember your donations are tax deductible!

## Bean and Pasta Soup Serving : 3

- 1/2 strip bacon, diced
- 1/2 medium onion, chopped
- 1 carrots, chopped
- 1 cloves garlic, minced
- 1/4 teaspoon dried rosemary
- Coarse salt and ground pepper
- 1-1/2 tablespoon tomato paste
- 1 cans (15 ounces) navy beans drained and rinsed
- 2 cups reduced-sodium canned chicken broth
- 1/4 cup tubetti, ditalini, or a tubular pasta
- 2 tablespoons chopped fresh parsley



### Directions

In a Dutch oven or stockpot, cook bacon over medium heat until browned and crisp, stirring occasionally, about 8 minutes.

Add onion and carrots; cook until vegetables are soft, about 5 minutes. Add garlic and rosemary; cook until fragrant, 1 minute. Season with salt and pepper.

Stir in tomato paste, beans, broth, and 4 cups water. Bring to a boil, reduce heat, and simmer, partially covered, until soup has thickened slightly, about 10 minutes.

With a potato masher, mash some of the beans (still in pot) to thicken soup. Add pasta; cook until al dente, about 10 minutes.

To serve, ladle soup into bowls; sprinkle with parsley.

Puzzle Solution © OnlineCrosswords.net

B	A	S	S			M	P	H		R	A	T	S	O
R	A	T	E		H	A	L	O		E	Q	U	A	L
O	R	A	L		O	R	E	M		F	A	B	L	E
W	O	R	L	D	W	I	D	E	W	E	B			
N	N	E		A	T	E		G	I	R	A	F	F	E
			S	L	O		G	A	D	S		I	R	A
S	A	M	O	A		S	U	M	O		O	N	U	S
W	E	E	W	I	L	L	I	E	W	I	N	K	I	E
E	R	A	S		O	I	L	S		R	E	S	T	S
A	I	N		A	C	M	E		S	K	A			
R	E	T	I	N	A	S		P	I	E		T	A	I
			W	I	L	D	W	I	L	D	W	E	S	T
C	L	A	I	M		O	H	N	O		A	N	T	S
B	A	L	S	A		W	E	T	S		D	E	E	M
S	T	A	H	L		N	E	O			E	T	R	E

## Legal Assistance for Seniors 60+

Legal services are available to seniors in need. Harney County Senior & Community Services Center and Attorney John Lamborn are working together to provide services related to the following legal issues:

- \* Income and Public Benefits
- \* Housing
- \* Guardianship Actions
- \* Long-Term Care
- \* Health Care

- \* Protection from Abuse or Neglect
- \* Utilities
- \* Age Discrimination

Harney County Senior & Community Services Center will provide financial assistance, for those who qualify, for services pro-



vided under our contract with Mr. Lamborn. If you think you would benefit from this service or have further questions, please contact the center at (541)573-6024. All Appointments with Mr. Lamborn will be made through the Senior Center and will occur at his office. Funds are limited.

## Residential Rehab Loans Available in Burns

If you are a low to moderate income home owner in the City of Burns, there are Residential Rehab dollars available to you. The Residential Rehab program is a zero interest, deferred payment loan aimed at improving quality of life through improved living conditions. It can be used to make much needed repairs and improvements to your

home. If you are interested in learning more about this program call Community in Action at 541-889-9555 and speak to a program manager.

**Call Kathy Markee at 541-889-1060 Ext. 102 or email her: [kathy@communityinaction.info](mailto:kathy@communityinaction.info)**

Stop by the center for a brochure.



## Talking With Your Doctor

As you get older, it becomes even more important to talk often and comfortably with your doctor. It is important for you to discuss sensitive topics with your doctor because they can affect your health. It's also because your health can have a big impact on other parts of your life. Talking about your health means sharing information about how you feel, both physically and emotionally.

Sensitive health issues, including issues regarding intimacy or memory loss, concern many older people, but they are not just

normal parts of aging. You may find some of these topics embarrassing, but remember your doctor is used to talking about personal matters. Taking along a family member, friend or caregiver to help you communicate with your doctor can help.

Asking questions with your doctor is vital; it creates good communication. Writing down your questions or concerns in advance of your appointment can help you remember or make it easier to ask questions. If you don't ask questions, your doctor may think you do not need or want



more information. Asking questions helps your doctor know what is important to you. It also lets your doctor know when something he or she says is unclear.

# Scheduled Trips to Bend

## November

Tuesday—November 4

Thursday—November 13

Tuesday—November 18

## December

Tuesday—December 2

Thursday— December 11

Tuesday—December 16

Thursday—December 30

## January

Thursday— January 8

Tuesday—January 13

Thursday—January 22

Tuesday—January 27

Days may be changed due to scheduling conflicts, staff shortages, holidays, etc.

Appointments in Bend must be scheduled no earlier than 10:00 a.m. and no later than 3:00 p.m.

Bend/Redmond Fare: \$35 Round trip  
\$18 One Way

Fare is payable upon reservation. You are responsible for all other costs. The bus will return when the last appointment concludes. This service is available for medical appointments and airport service. Shopping available if time allows. Stops are at the discretion of



the driver.

If you are a client of APD, they may pay for your ride. **It is your responsibility to contact your case manager and make arrangements prior to the trip.**

## MEDICAID RIDE SCHEDULING

Due to regulations from the State of Oregon, all medical transportation for Medicaid recipients must be scheduled through a regional broker. Mid Columbia Council of Governments Transportation Network is the agency contracted to operate this transportation program in our area.

Our Dial-A-Ride dispatcher receives notice daily for rides to be scheduled.

Any medical ride requiring same day service will be called in to our dispatch center by the brokerage.

This applies to medical rides only, you

**Harney County Dial-A-Ride**

**17 South Alder Burns**

**541-573-3030**

may still schedule other rides through our center yourself. If you have any questions or concerns regarding this program, please contact your case manager or caregiver.

Mid Columbia Council of Governments Transportation Network:

**1-877-875-4657**

**This applies to medical rides only.**

## Public Transportation in Harney County

Dial-A-Ride is a countywide service which prioritizes demand responsive trips within a 10 mile radius of Burns/Hines and provides occasional charter serve to events and activities in Harney County.

### Monday—Friday

7:30 a.m.—5:30 p.m.

Last pick-up is at 5:15 p.m.

### Saturday

8:00 a.m.—5:00 p.m.

Last pick-up is 4:45 p.m.

To facilitate scheduling please call as soon as you know you will need a ride. A week or more in advance is not too

soon to schedule your. Ride.



When scheduling your rides, please tell the dispatcher the exact number of stops and number of riders

\$1.00 per stop

A ticket of 20 rides can be purchased for \$20 from drivers or dispatch.



NON-PROFIT ORG.  
 U.S. POSTAGE PAID  
 BURNS, OREGON  
 PERMIT #52

Phone: 541-573-6024

Fax: 541-573-6025

E-mail:

[angela.lamborn@co.harney.or.us](mailto:angela.lamborn@co.harney.or.us)

Serving our community since  
 1973

[www.co.harney.or.us/  
 seniorcenter.html](http://www.co.harney.or.us/seniorcenter.html)

## High Lights at a Glance

Every Wednesday: **Miracle Ear**

November 7: **American Hearing**

November 8: Senior Center Christmas Bazaar

**Tai Chi BEGINNERS every Tuesday and Thursday 8:30-9:30 Thru December 18th**

Thanksgiving Dinner to be served at noon on November 21st

Center will be closed November 27 and 28. **Happy Thanksgiving**

**Medicare open enrollment** continues thru Dec 7 Call for an appointment

**Tai Chi** every Tuesday and Thursday 9:30 -10:30AM

**Walking with friends** Monday, Tuesday and Thursday

10:30-11:30

**Quilting** Monday 9:00-3:00.

**Birthday Lunch** November 7th and December 12th

**Brunch** November 14th and December 31st

Christmas Dinner to be served at noon on December 19th

**Center will be Closed** December 25 and 26. **MERRY CHRISTMAS**

**Center will be Closed** January 1 and 2nd. **Happy New Year**